



S O M N U S

SLEEP. DESIGNED.



TURNING YOUR MATTRESS.



AT SOMNUS, WE HAVE TWO TYPES OF MATTRESSES IN OUR RANGE. TRADITIONAL, WHICH REQUIRE TURNING & ROTATING, AND NO-TURN, WHICH REQUIRE ROTATING ONLY. HERE'S OUR ADVICE FOR BOTH.

TURNABLE MATTRESS

Our Supremacy, Dales and Veritas mattresses use high quality materials that benefit from being turned twice a year (a good way to remember is when the clocks change). In the first 12 weeks, however, we recommend turning two or three times to make sure all of the fillings settle evenly.

NO-TURN TECHNOLOGY

Our i_TUFT mattresses are designed and constructed so that turning isn't necessary. However, we do advise that you spin your mattress every month to refresh the sleeping surface for the first 12 weeks and then twice a year after that.



LUXURY TOPPER

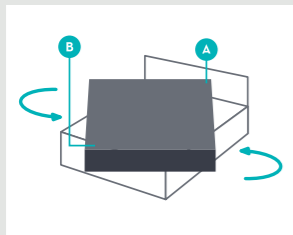
If you have purchased a Luxury Topper, during transit it may have compacted in size. With a little manipulation and normal usage, after a short while it will go back to its original dimensions. Since our Luxury Toppers are handmade, each one is unique and will naturally vary slightly in size.

Traditional turnable mattress

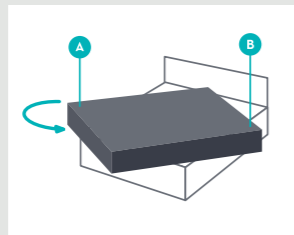
No-turn mattress



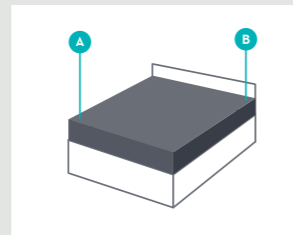
ROTATING YOUR NO-TURN MATTRESS.



STEP 1
Push at opposite corners A and B while mattress is lying flat.

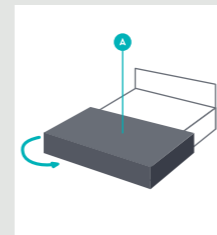


STEP 2
Push alternatively on corners A and B to position mattress on the bed.

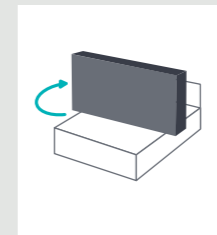


DONE
Your mattress has now been rotated end to end.

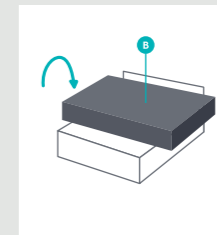
TURNING YOUR TURNABLE MATTRESS.



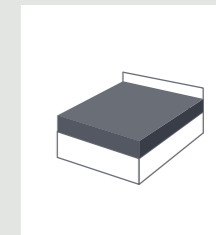
STEP 1
Rotate the mattress to overhang the bed.



STEP 2
Raise the mattress up on its edge.



STEP 3
Lower mattress gently to expose other side.



STEP 4
Realign mattress with the bed.

NOTE: Your turnable mattress also needs to be rotated. Please see instructions on the previous page as to how to do this.



CARING FOR YOUR BED.



DEEP BEYOND ITS SOFT COVER, YOUR MATTRESS CONTAINS AN INDIVIDUAL BLEND OF SUMPTUOUS NATURAL FILLINGS. TO KEEP THESE IN GREAT CONDITION, AND MAKE SURE YOU GET THE VERY BEST OUT OF YOUR MATTRESS OVER ITS LIFETIME, PLEASE FOLLOW OUR CARE ADVICE.

MATTRESS PROTECTION

We highly recommend using an under blanket or mattress protector. Avoid using plastic sheets as beds need to breathe and using plastic will lead to damage through condensation. It's a good idea to air the mattress regularly too, by leaving the bed linen folded back for a few hours.

CLEANING

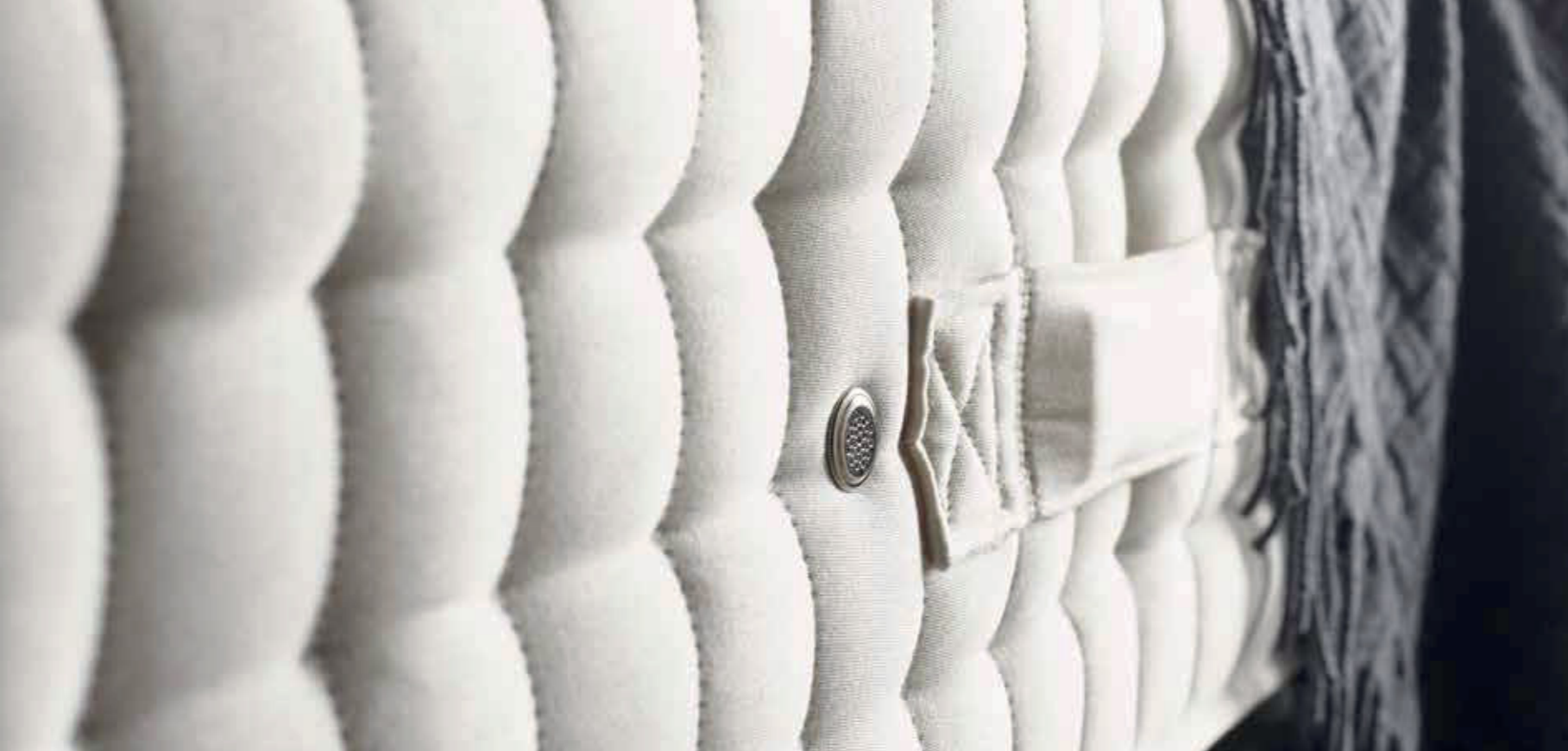
Remove dust and fluff from your mattress every few months using a soft brush. Never use a vacuum cleaner as this can displace the natural fillings. Any spillages should be absorbed using a dry cloth or paper towels. If you need to sponge the mattress, use a damp cloth and a very mild solution of soap and water.



BODY IMPRESSIONS

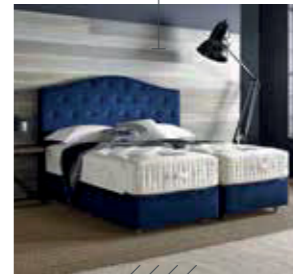
Body impressions are a normal feature of handmade mattresses and are a result of generous layers of quality upholstery fillings reacting to your body shape. This is just your mattress "getting to know you". Following the turning and rotating instructions should help the fillings settle more evenly.





TUFTING

All our beds have tufting that ensure the upholstery layers remain firmly in place. The no-turn range uses our unique i_TUFT technology. This means the tufts are on the inside of the mattress, giving you the benefit of a more consistent, luxuriously-quilted sleeping surface. In the unlikely event of any of the external tufts snapping, contact the retailer where the bed was purchased from. They'll arrange to have the tuft replaced in your home.



DIMENSIONS

We purposely make our pocket spring mattresses shorter than the base to allow for the thickness of a headboard and bedding. As each and every one is handmade, they will naturally vary a little in size. During transportation some mattresses contract, but they will relax to their normal length again after being used for a short while.



BED BASE

If you are using a Somnus mattress on your own bed, it's important that the base is in good condition. The mattress will contour to it, just as it does with your body, so we recommend replacing an old base. If the base is damaged in any way, it could be detrimental to your mattress. You should also consider a base board if the gaps between a slatted base are more than 75mm. If in any doubt, seek advice from your nearest Somnus Sleep Studio.



HEADBOARD.



WHETHER YOU'RE FITTING A HEADBOARD
FOR THE FIRST TIME OR DETACHING IT TO MOVE HOUSE,
FOLLOW THESE SIMPLE INSTRUCTIONS.

ATTACHING YOUR HEADBOARD

- Consider carefully which end you prefer the headboard attached to, particularly if your bed has storage that needs to be located in a specific position.
- Using the stickers or tapes as guides, pierce the fabric with a sharp-pointed implement. If you have stickers or tapes on both the top and bottom end of the bed, only pierce the end you intend to attach the headboard to.
- Line up the headboard with the holes.
- Attach the screws that are provided with the headboard and secure tight.



DETACHING YOUR HEADBOARD

- Untighten the screws until the headboard is loose.
- Remove the headboard.
- Attach the screws to the bed, keeping them safe for next time you need to reattach your headboard.



